

Nutrition Class Schedule

Class	Date	Time	Cost
Wise Ways to Weight Control	Wed, Jan 31, 2007	7:00-9:00 p.m.	\$28/\$24 Co-op members
Managing Depression and Anxiety Without Medication	Thu, Feb 08, 2007	7:00-9:00 p.m.	\$28/\$24 Co-op members
Control Blood Sugar and Blood Fats Naturally	Thu, Feb 22, 2007	7:00-9:00 p.m.	\$28/\$24 Co-op members
Control Fibromyalgia and Chronic Pain the Drug-free Way (L)	Thu, Apr 05, 2007	7:00-9:00 p.m.	\$27/\$24 Co-op members
Detecting and Managing Food Allergies Naturally (L)	Thu, Apr 12, 2007	7:00-9:00 p.m.	\$27/\$24 Co-op members
How to Control Candida and Mold Allergies Holistically (L)	Thu, Apr 19, 2007	7:00-9:00 p.m.	\$27/\$24 Co-op members
How to Prevent/Treat Adult Diabetes Without Drugs (L)	Sat, Apr 21, 2007	10:00 a.m.-12:00 p.m.	\$25